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UNICORN'S AND DONUTS



ACTIVITIES:

Decorate the donut

Print off and use the donut template to make craft foam donuts. Have a selection of items to decorate the donuts (any loose parts). The swimmers choose their coloured glazed donuts & swim to find the decorations. **Variations:**

Add a dice (use printable) where they have to find the relative decorations to add to their donut.

Unicorn rainbow toss

Using the unicorn play mat, cones and different coloured hoops (donuts). Swimmers swim down with hoops and try to get the hoops on to the unicorn horn (cone).

Going on a unicorn hunt

Using the song and the action cards (print off both). Sing the song and work through the actions.

Feed the unicorn

Using the unicorn play mat and pretend donuts (or something similar to replicate donuts). Play the donuts around the pool space. Go and collect and place on the unicorn. **Variations:** put the donuts in to eggs/mini containers - blow bubbles to open them up.

Donut sprinkle game

Using the donut play mat and colourful buttons. Throw the dice to see how many "sprinkles" they have to go and find to add to the donut.

Spin the donut game

Using the spinner donut mat. The swimmers spin and see what donut it lands on and then find the correct colour donut (craft foam) to put on the mat.

EQUIPMENT LIST:

Play mats

Craft foam shapes

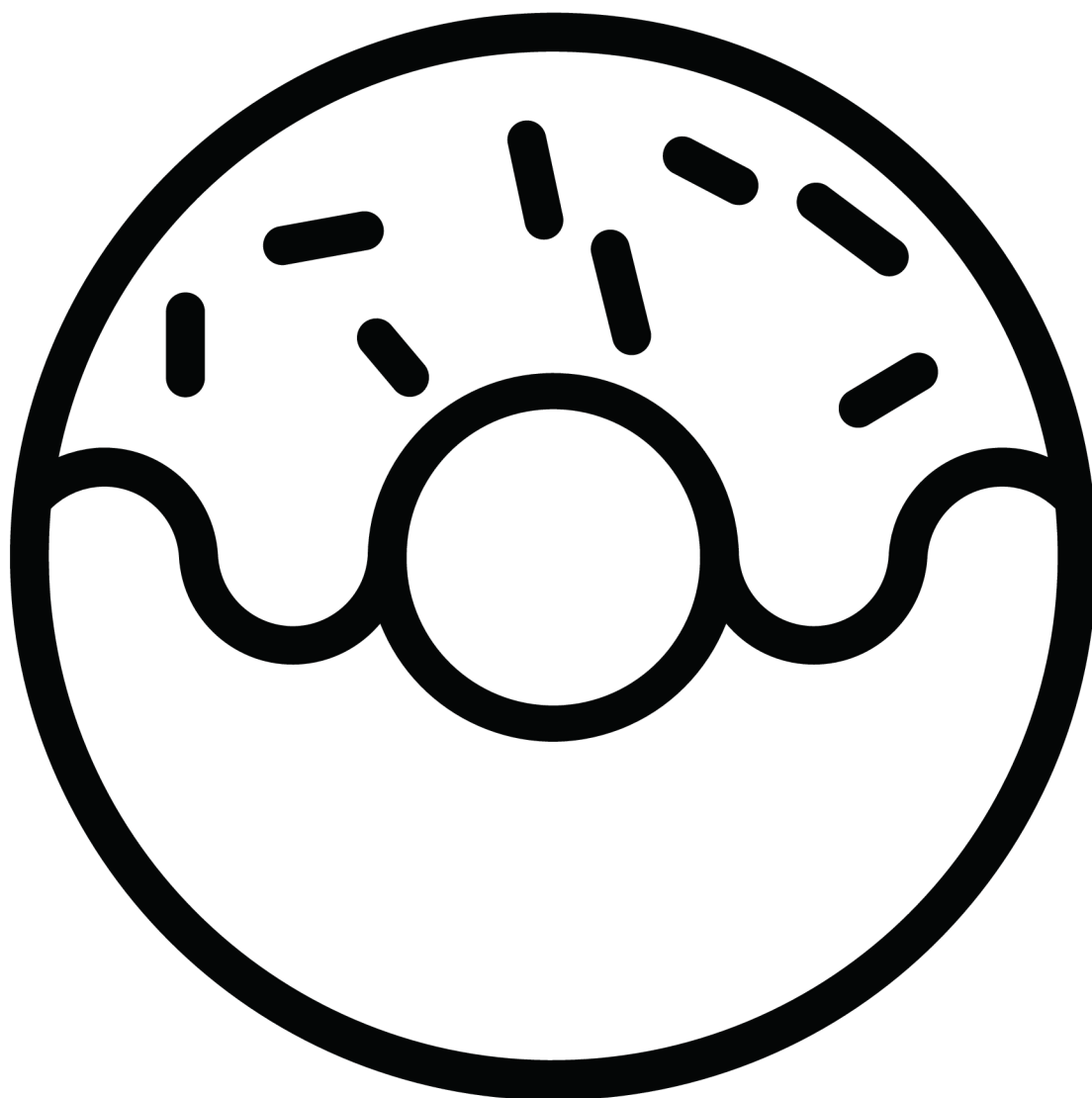
Song sheets / activity cards

Donut template & craft foam

Donut decorations (loose part materials - buttons, silicone/plastic beads, pom poms, resin pieces)

Movement cubes & the decoration cards

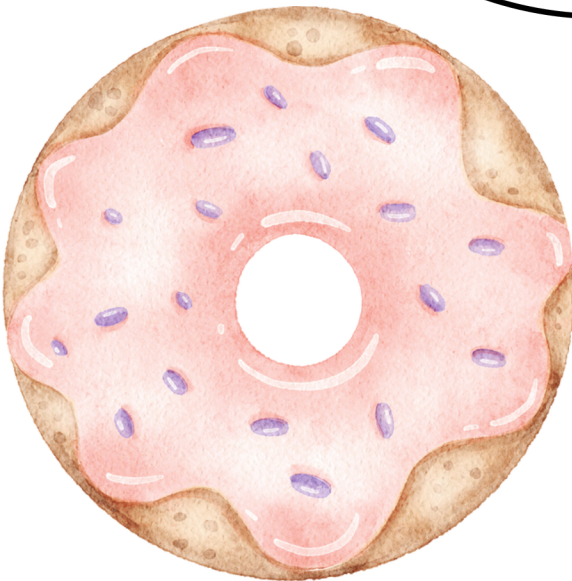
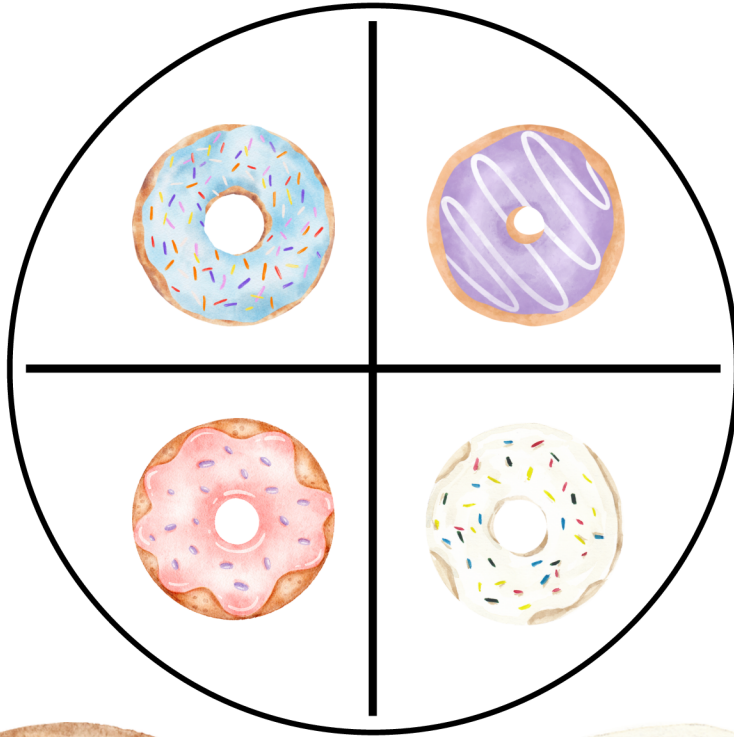
Donut spinner play mat - add a suction spinner arrow



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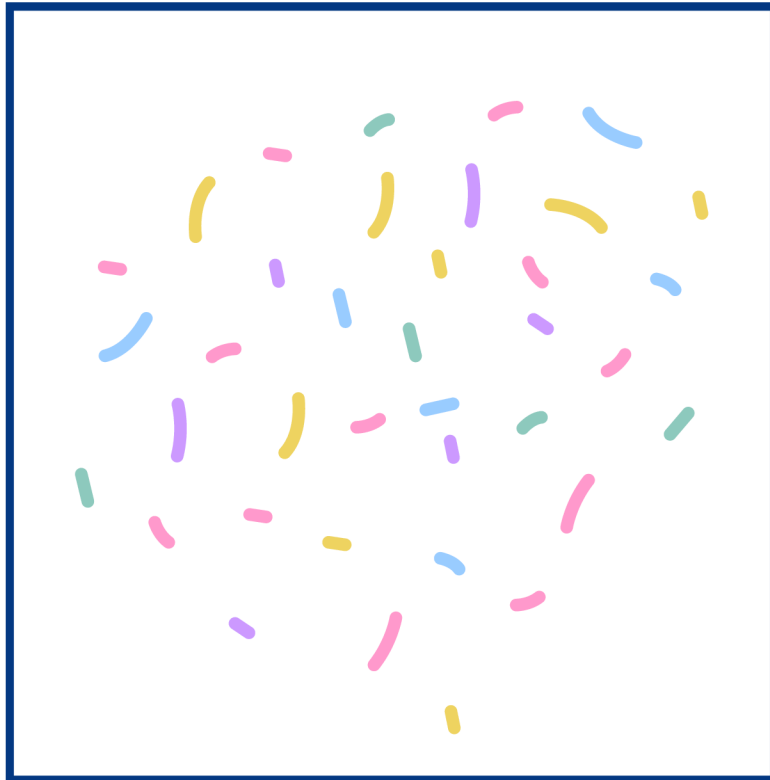
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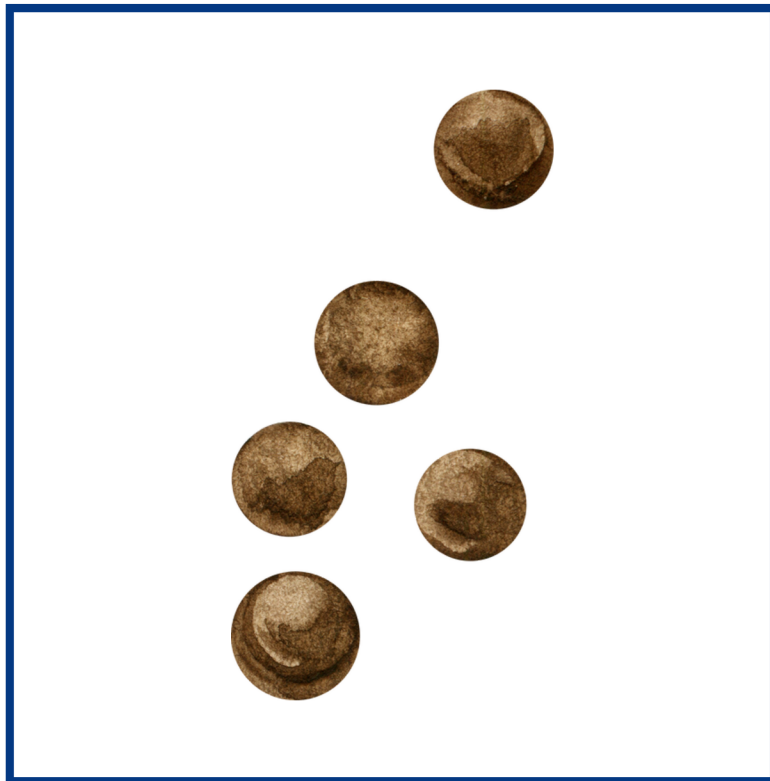
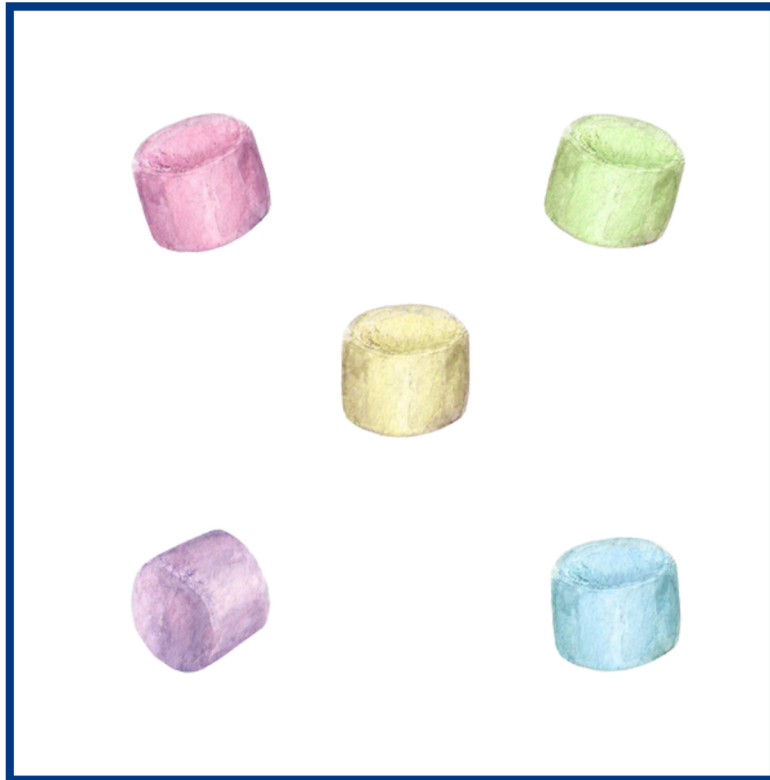




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WE'RE GOING ON A UNICORN HUNT TO THE RHYTHM AND STYLE OF "WE'RE GOING ON A BEAR HUNT"

We're going on a unicorn hunt,
We're gonna find a sparkly one,
With a rainbow tail and magic horn—
We're not scared!

Uh-oh! A jelly doughnut river!

All gooey and sticky...

Can't go over it,

Can't go under it...

We'll have to lick through it!

Lick... slurp... squish... splat!

(Do the actions as you say it!)



We're going on a unicorn hunt,

We're gonna find a sparkly one,

With glittery hooves and a cotton-candy mane—

We're not scared!

Uh-oh! A forest of sprinkles!

All colourful and crunchy...

Can't go around it,

Can't go over it...

We'll have to dance through it!

Twirl... skip... leap... bounce!



We're going on a unicorn hunt,
We're gonna find a sparkly one,
With eyes that twinkle like stars—
We're not scared!

Uh-oh! A cloud of frosting fluff!

It's sweet and swirly...

Can't go under it,

Can't go through it...

We'll have to float above it!

Drift... soar... glide... wheee!

Look! What's that?

It's pink... it's shiny... it has a horn!

IT'S A UNICORN!!!

Quick!

Back through the frosting fluff—Wheee!

Back through the sprinkle forest—Bounce! Bounce!

Back through the jelly doughnut river—Splat! Squelch!

Run home!

Shut the door!

Phew... we made it!

We're not going on a unicorn hunt again...

Well... maybe tomorrow! 😊

UNICORN HUNT ACTION CARDS

JELLY DOUGHNUT RIVER

"IT'S GOOEY AND STICKY.."

**ACTION: PRETEND TO LICK YOUR WAY
THROUGH THE DOUGH!
LICK... SLURP... SQUISH... SPLAT!**

SPRINKLE FOREST

"ALL COLOURFUL AND CRUNCHY.."

**ACTION: TWIRL AND SWIM LIKE YOU'RE
DODGING SPRINKLES!
TWIRL... SKIP... LEAP... BOUNCE!**



CLOUD OF FROSTING FLUFF

"SWEET AND SWIRLY..."

**ACTION: PRETEND TO FLOAT LIKE
YOU'RE CLOUD!**

DRIFT... ROLL... GLIDE... WHEEE!

SPARKLY HOOVES STOMP

"CLIPPETY CLOP! HERE SHE COMES!"

**ACTION: KICK YOUR FEET LIKE A
UNICORN MOVING.**



MAGIC HORN GLOW

THE UNICORN'S HORN IS GLOWING
BRIGHT!"

ACTION: PLACE YOUR FOREHEAD IN
WATER AND SHINE LIKE MAGIC!
GLOW... ZAP... SPARKLE... BEAM!

RAINBOW MANE SHAKE

"IT'S FLOWING IN THE WIND..."

ACTION: EAR TO EAR IN WATER LIKE
YOUR RAINBOW MANE IS FLYING.



RUN HOME!

"QUICK! IT'S A UNICORN!"

**ACTION: GALLOP ON NOODLE OR RUN
IN THE WATER!**

CLOSE THE DOOR

"PHEW! WE MADE IT!"

**ACTION: PUSH AN IMAGINARY DOOR
SHUT AND BREATHE A SIGH OF RELIEF.**



SPRINKLE, SPRINKLE, MAGIC HORN TO THE TUNE OF: "TWINKLE, TWINKLE"

Sprinkle, sprinkle, magic horn,
Glowing brightly every morn,
Flying high and dancing low,
Through the clouds with colours aglow.

Unicorns and donuts too,
Pink and sparkly, gold and blue.

Sprinkle, sprinkle, magic horn,
A sweet adventure we adorn!

GLOW, GLOW, GLOW YOUR HORN

TO THE TUNE OF: "ROW, ROW, ROW YOUR BOAT"

Glow, glow, glow your horn,
Magic in the sky,
Ride a cloud to Donut Town,
Waving as you fly!
Munch, munch, munch away,
Sprinkles on your nose,
Dancing through a donut ring,
Everywhere she goes!



PRINCESS SPARKLE HAD A SNACK TO THE TUNE OF: "OLD MACDONALD HAD A FARM"

Princess Sparkle had a snack,
Yum yum yum yum YUM!
And on that plate she had some rings,
Yum yum yum yum YUM!
With a bite bite here,
And a munch munch there,
Here a chomp, there a chomp,
Everywhere a nom nom!
Princess Sparkle loves her snacks,
Donuts all day long!



IF YOU'RE HUNGRY FOR A DONUT TO THE TUNE OF: "IF YOU'RE HAPPY AND YOU KNOW IT"

If you're hungry for a donut, stomp your hooves (stomp
stomp!)

If you're sparkly like a unicorn, twirl and move! (twirl
twirl!)

If you're dreaming of a treat,
With a glaze that's oh so sweet,
Give a neigh and flap your wings, it's time to groove!
(neigh neigh!)

If your donut's full of sprinkles, give a cheer! (woohoo!)
If your donut's full of sprinkles, give a cheer! (woohoo!)

If it's rainbow-coloured too,
With some jelly oozing through,
Do a wiggle and a giggle ear to ear! (giggle giggle!)

If you're flying on a rainbow, shout "hooray!" (hooray!)
If you're flying on a rainbow, shout "hooray!" (hooray!)

With a donut in your hoof,
And a sparkle in your poof,
Let's do a magic twirl and fly away! (whoosh!)



If you're dreaming of a treat that's soft and round, (yum
yum!)

If you're dreaming of a treat that's soft and round,
(yum yum!)

With a frosting swirl on top,

And a unicorn horn bop,

Then let's prance and dance around and round! (twirl
twirl!)

