

HERE COMES THE BEAR

Set-up

4 cones - 2 at one end of the pool and the other 2 at the other end forming 2 zones.

How to play

Allocated 2x "Bears" (taggers).

They stand in the zone where the cones are.

The Bears can only move side to side (not forwards or backwards).

The field mice (the swimmers) have to get passed the bears without being tagged.

If they do get tagged - they join the bears to become the taggers.

Progressions

Add movement conditions:

- teacher chooses the movement to get across
- throw a movement cube that decides the stroke

