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FURRY FRIENDS



ACTIVITIES:

Pets Rescue:

- Use floating or sinking pet materials (rubber cats/dogs/fish) and hide them around the pool.
- Swimmers “rescue” their lost pets and bring them back to the pet bed (print off play mats & laminate or use a basket).

Puppy Academy:

- Pretend to be puppies learning to paddle for the first time. Use short phrases like “scoop the water like a puppy digging!”
- Add “shake off” at the wall (splash and kick).
- Crawl through hoops or tunnels to mimic a puppy chase or agility course.

Parrot Perch Glides:

- Teacher/parent becomes a tree; swimmer is a parrot flying to perch.
- Hold hands and glide toward the perch.
- Can be repeated to “fly” to different trees (cones) around the pool. Using noodles to help “fly”.

Tails and Trails game:

- Tie soft tails (ribbons/streamers) to swimwear or around waists.
- Chase each other’s tails or follow the teacher’s trail.

Cat walk and pounce:

- Walk along the side holding hands (like sneaky cats on a ledge).
- Cue a “pounce” into the water (jump or gentle sit entry).
- Say “meow and pounce” before jumping to parent’s or teacher.



Vet Visit” role play:

- Swimmers pretend they're poorly pets visiting the vet (the teacher or parent).
- Lie back in a floating position ("Check your tummy... your tail... your paws...").
- Use gentle splashes or sponge rubs as part of a pretend "treatment."
- Give them a "magic stretch" (assisted star float) to make them better.

Fetch the bone (or toy):

- Throw floating (use template and laminate or other floating toys) or sinking "bones" (or dive sticks) into the pool.
- Swimmers (as puppies) must fetch their bones and bring them back to their bed (a floating mat, hoop, or basket).
- For added fun: call out colours or toys to fetch specific ones.

Parade of pets:

- Swimmers throw the movement cube which decides what pet to be.
- Parade around the pool in a circle, each showing their "pet moves":
 - Dogs dig (kick fast)
 - Cats sneak and pounce (wall climbs & jumps)
 - Rabbits bounce (bobs in water)
 - Tortoise slow and steady (floats)
 - Parrot flight (focusing on arm strokes)
 - Fish swish (torpedo glides)
- Use musical cues (or a song like "Old MacPet-o had a pool") to lead the parade.

I'M A LITTLE DOGGY

(TO THE TUNE OF "I'M A LITTLE TEAPOT")

I'm a little doggy, short and stout,
Here are my paws and my waggy snout.
When I get excited, hear me bark –
"Woof woof woof!" – as I swim to the park!

Actions:

- Paddle arms for "paws"
- Blow bubbles on "snout"
- Splashy kicks for "excited"
- Swim across to a toy "park" (mat/hoop/edge) for purposeful travel



THE BUNNY BOBS ALONG"

(TO THE TUNE OF "THE WHEELS ON THE BUS")

The bunny in the pool goes hop hop hop,
Hop hop hop, hop hop hop.

The bunny in the pool goes hop hop hop,
All around the pool!

The bunny's little nose goes wiggle wiggle wiggle,
Wiggle wiggle wiggle, wiggle wiggle wiggle,
The bunny's little nose goes wiggle wiggle wiggle,
Let's go blow some bubbles!

Actions:

- Jumping or bouncing in water
- Twitching nose (ready for breath control)
- Submersion and gentle bubble blowing



SWIMMING PETS AT HOME

(TO THE TUNE OF "OLD MACDONALD HAD A FARM")

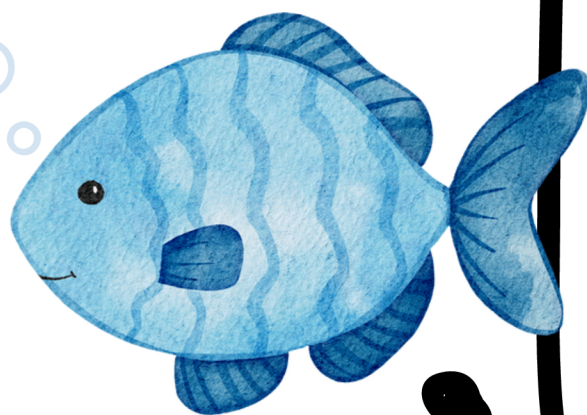
In the pool we have some pets, E-I-E-I-O!
And in this pool, we have a dog – E-I-E-I-O!
With a woof woof here and a woof woof there,
Here a woof, there a woof, everywhere a woof woof!
Swimming pets are having fun, E-I-E-I-O!

(Repeat with cat: meow meow,
rabbit: hop hop, fish: swish swish)

Actions

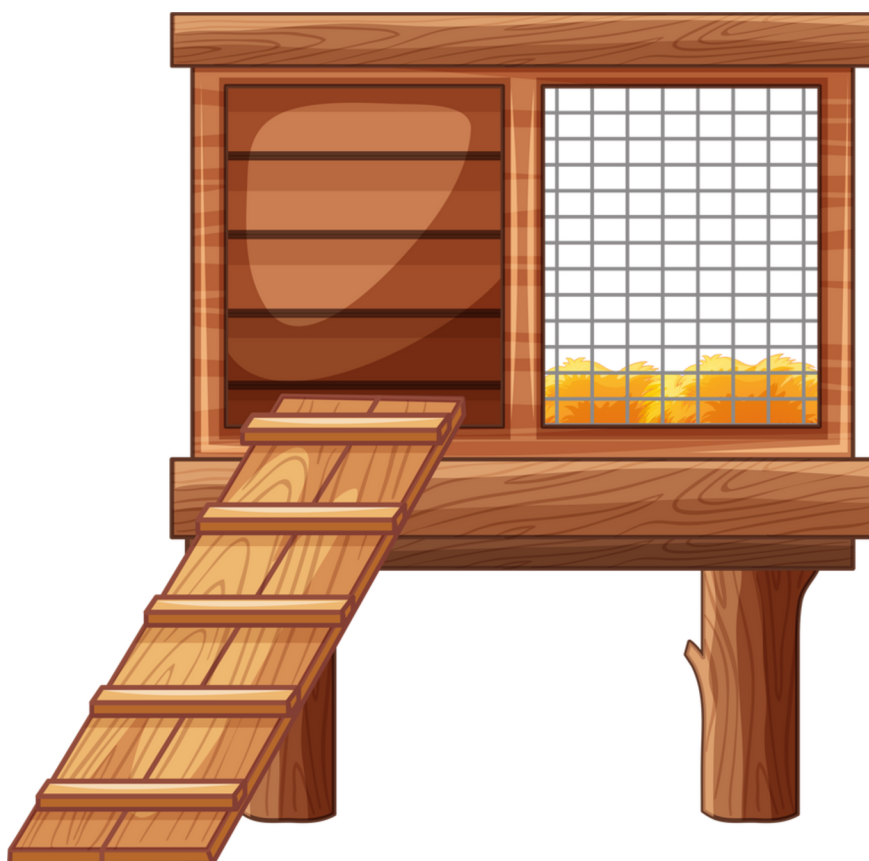
Each verse introduces a new movement:

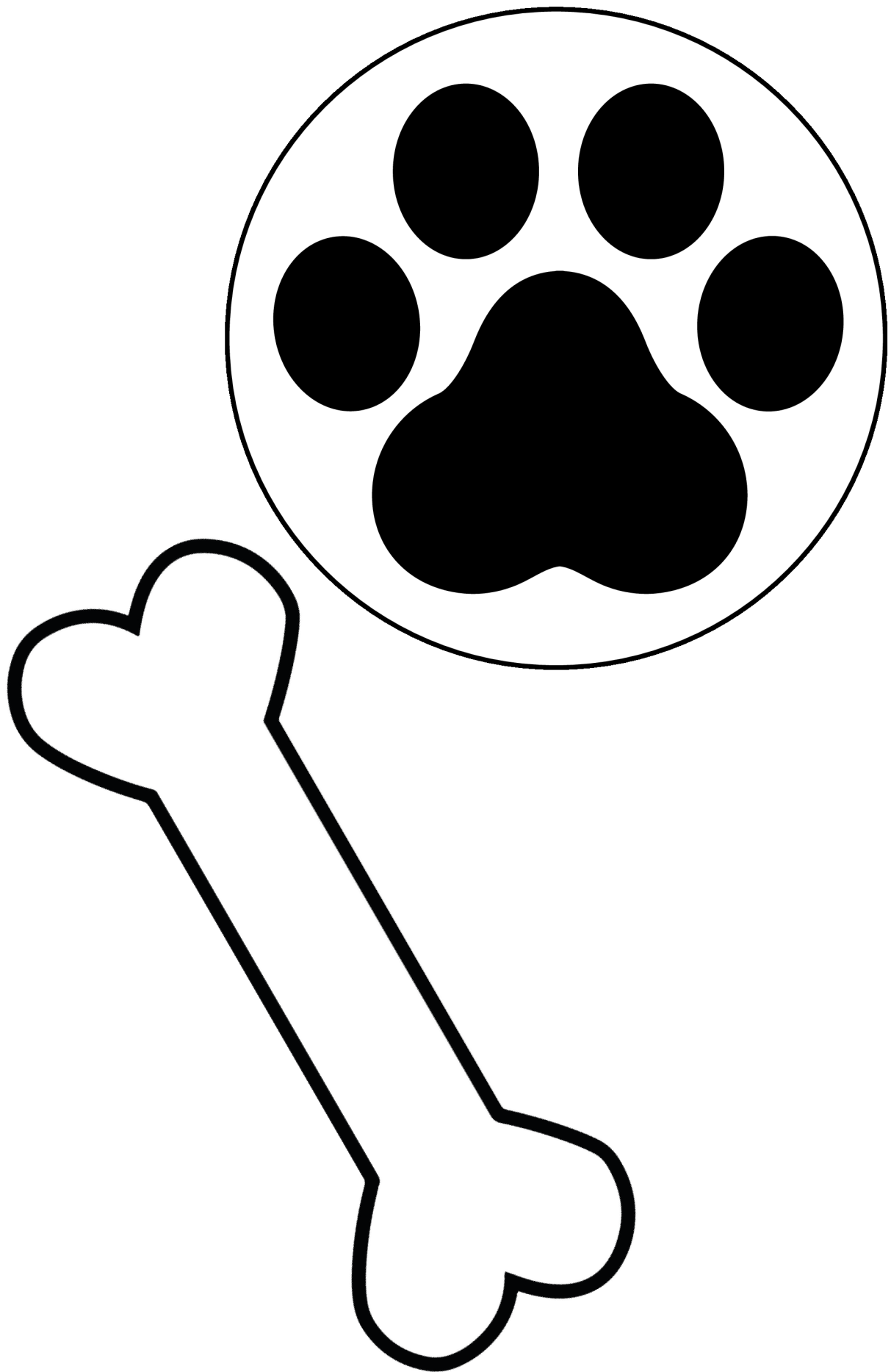
- Doggy paddle
- Sneaky glides like a cat
- Bunny bounces
- Fishy flutter kick











POUNCE



LIKE A CAT

DIG



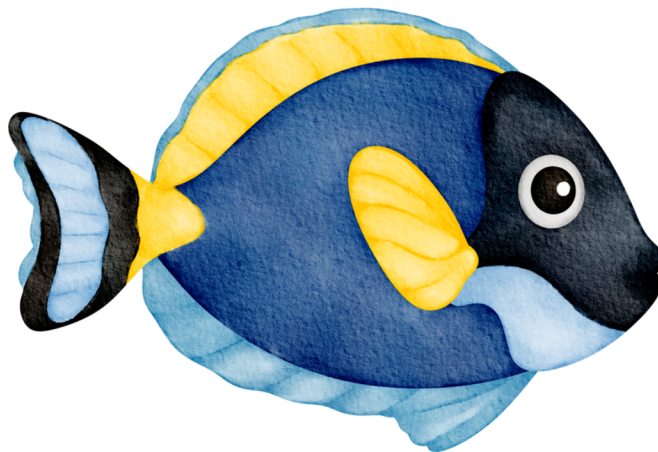
LIKE A DOG

BOUNCE



LIKE A RABBIT

GLIDE



LIKE A FISH

FLAP



LIKE A PARROT

SLOW & STEADY



LIKE A TORTOISE