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BBQ TIME



ACTIVITIES:

Go shopping for BBQ:

- Place different pretend food items around the pool space. Give the swimmers a basket and they go "shopping" for the BBQ.

10 fat sausages game:

- See game sheet with song sheet.

Flip my burger:

- Push and glides - front to back / back to front to back.

Corn on the cob:

- Log rolls, somersault rolls - front / back / side.

Build a burger game:

- Use the burger sheet - print off and laminate and use as a play mat. The "burger fillers" templates are to use and cut out of craft foam (colours relevant to the food, e.g tomato - red, cucumber - green, onion - purple, cheese - yellow, mushroom - brown etc). Can use the cards for a movement cube - they throw it and it says what food to go and collect.

Tomato, tomato, cucumber game:

- See game sheet

10 FAT SAUSAGES

10 big, fat sausages
sizzling in a pan
one goes pop and another goes bang!
Then there were
8 big, fat sausages sizzling in a pan
one goes pop and another goes bang!
Then there were
6
4
2
No more sausages sizzling in the pan.

10 FAT SAUSAGES GAME

Have 10 balls or if you have plastic sausages (or you can use cut up noodles) which are the sausages.

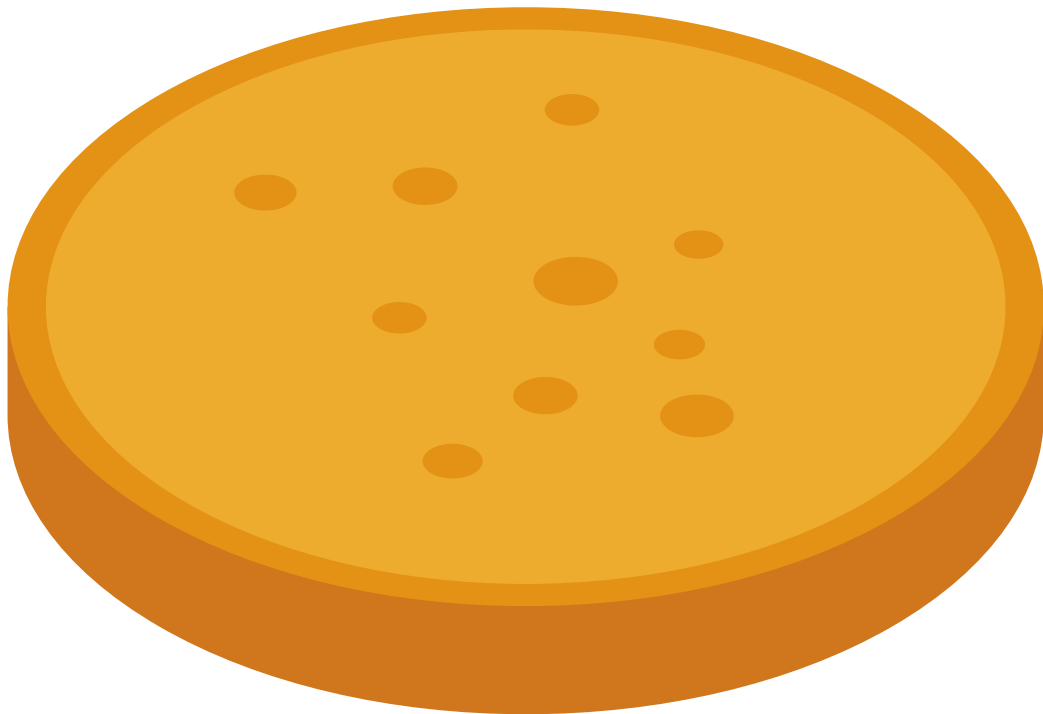
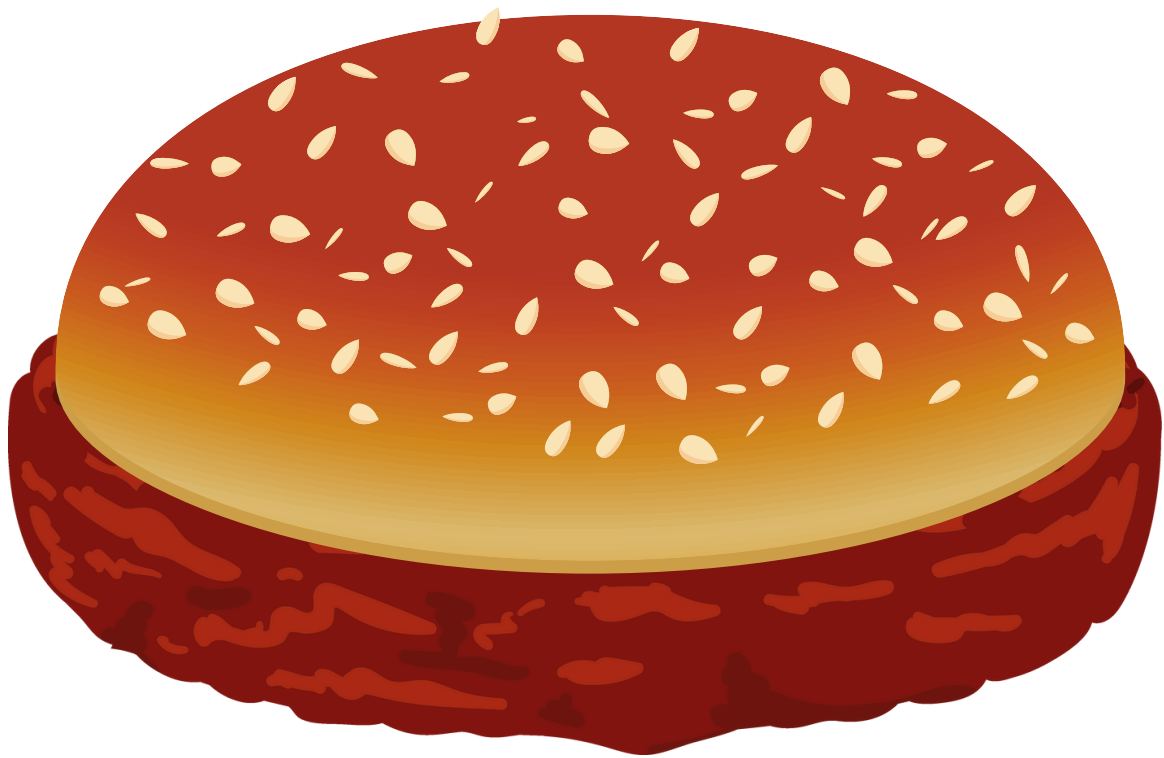
The teacher says a number, the swimmers go find that number of sausages before the teacher says "bang"

Teacher spreads the "sausages" around the pool.

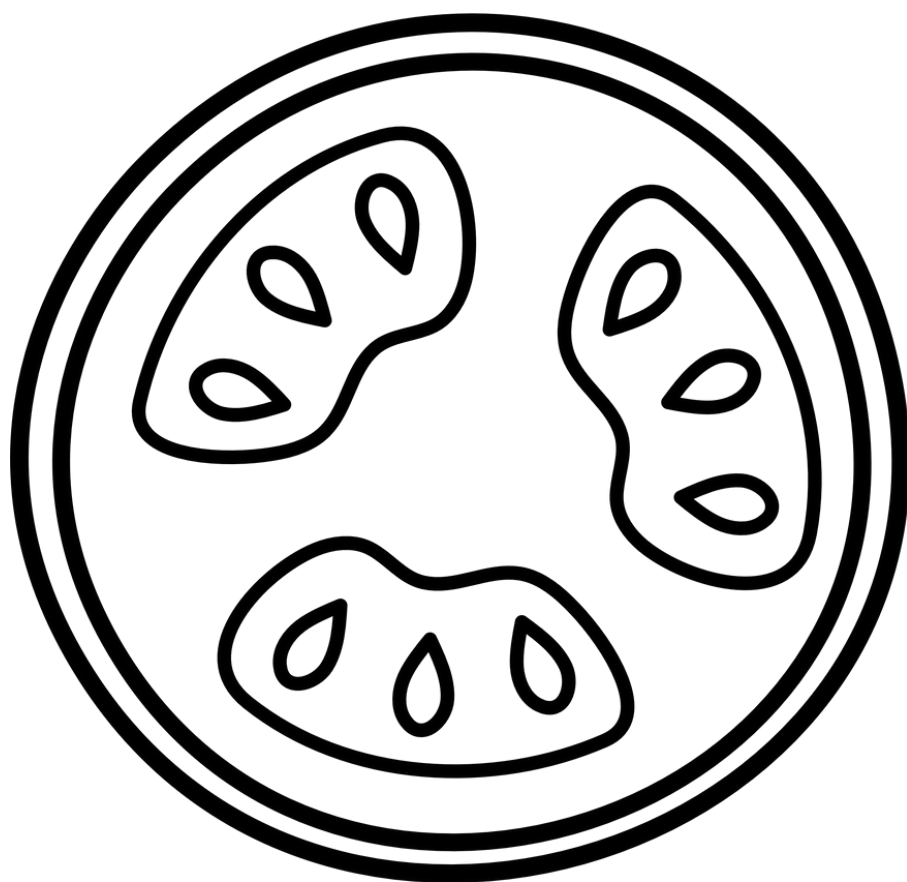
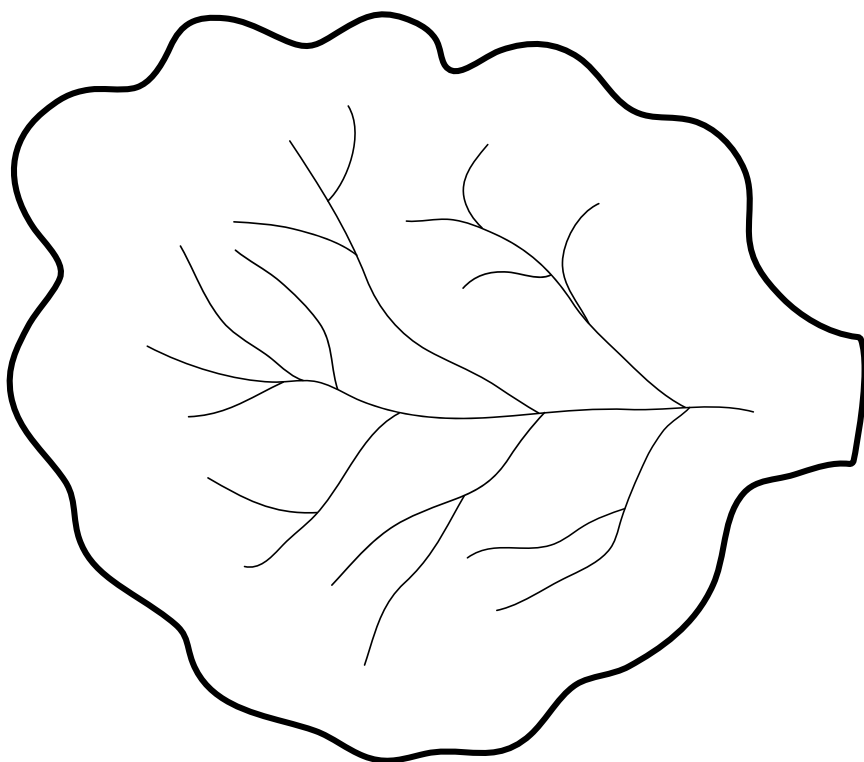
Swimmers stay by the wall & wait for the teacher to say the song.

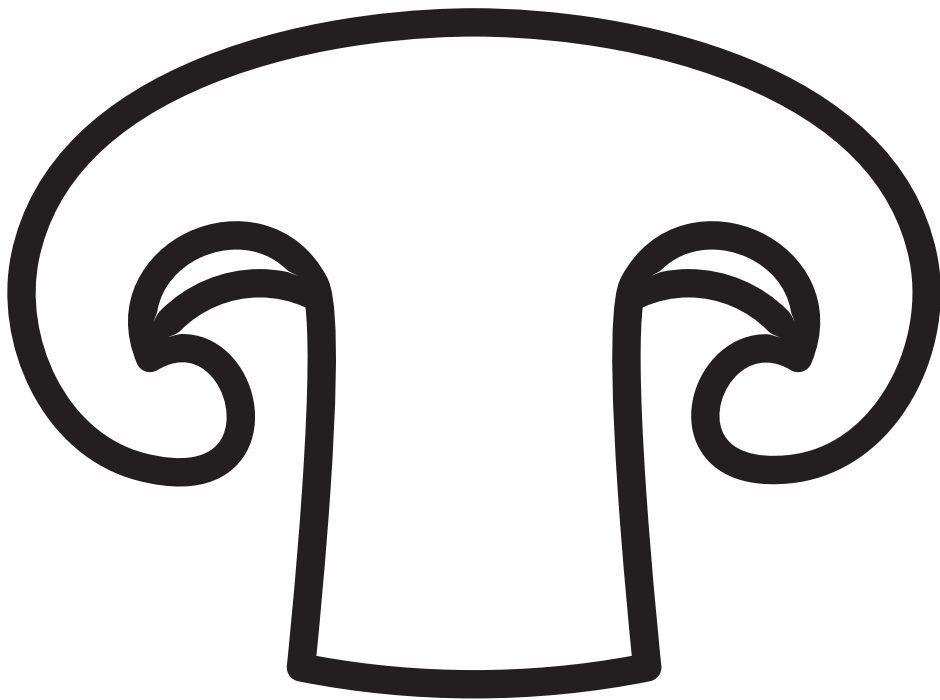
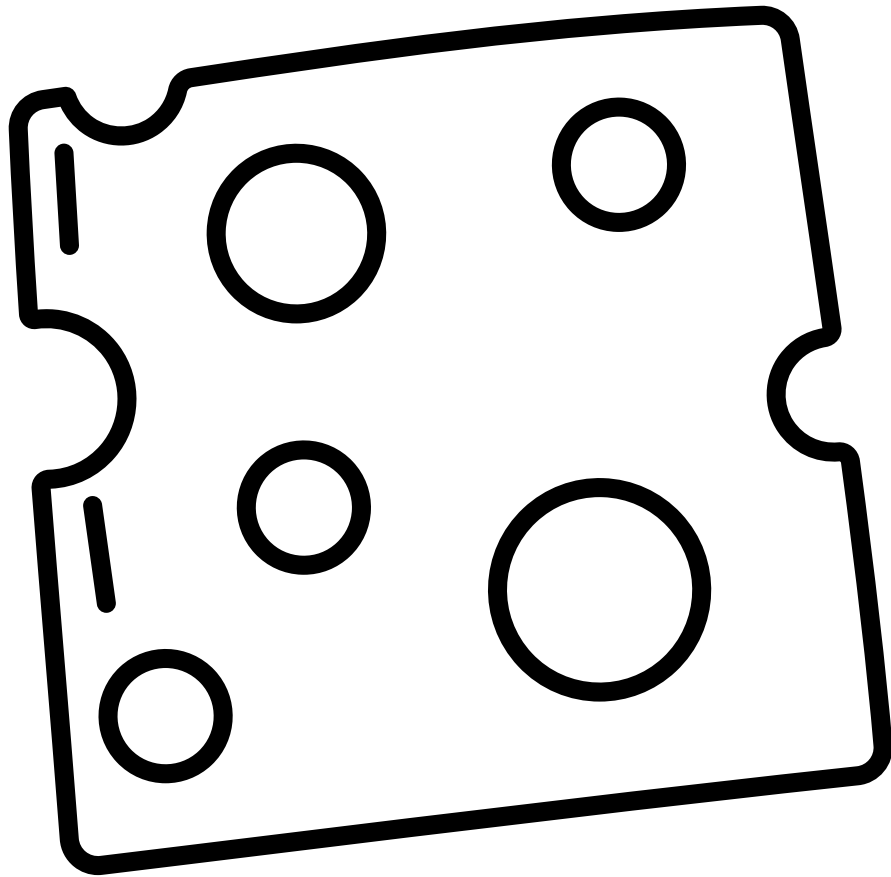
"5 fat sausages sizzling in the pan" - the swimmers go off and find 5 sausages "one goes POP and the other goes.....bang" - the swimmers have to be back to the side before "bang"

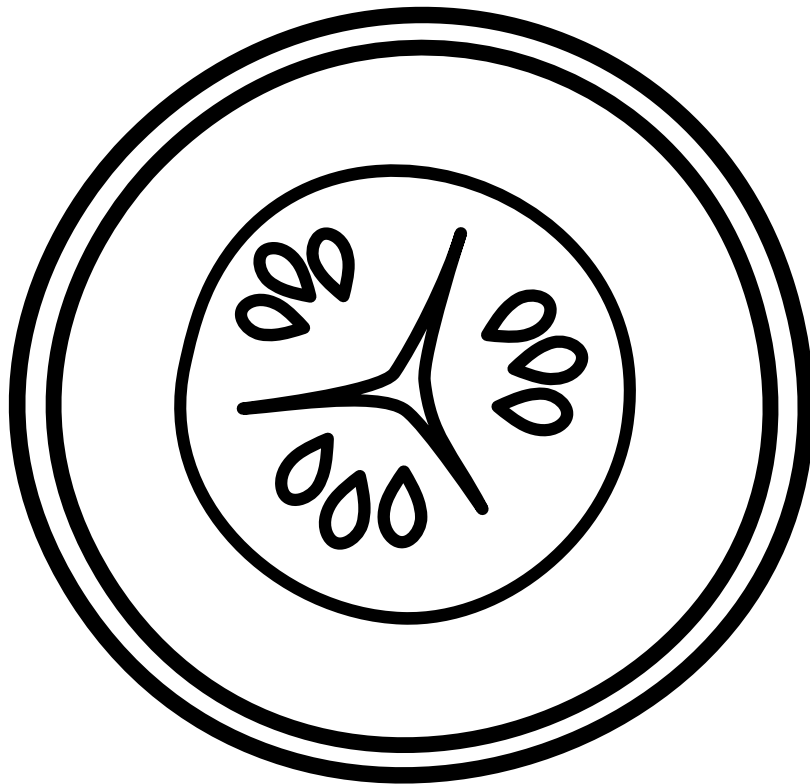
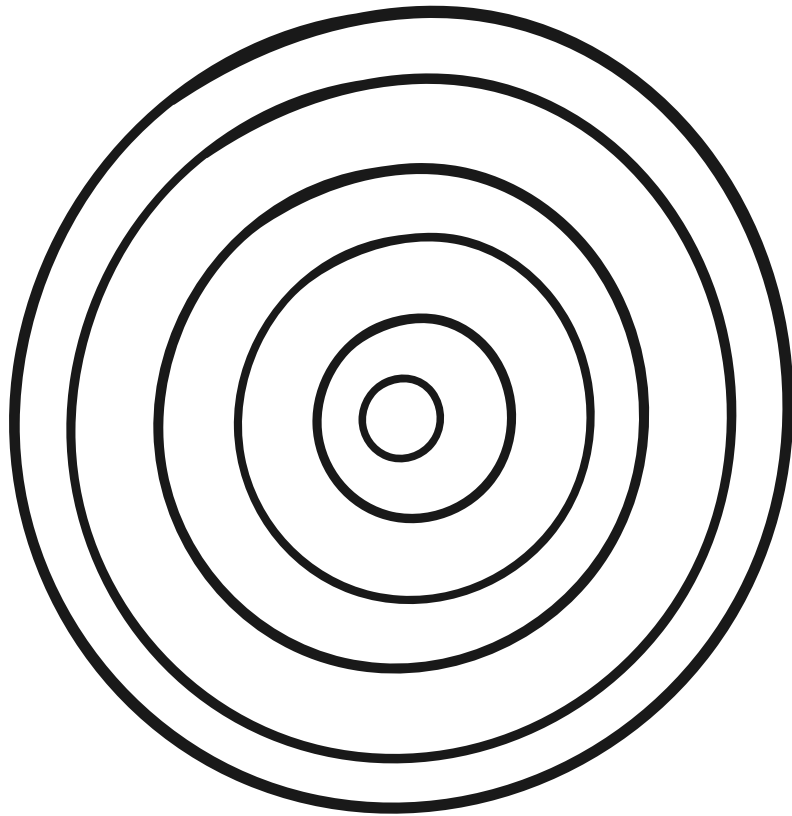


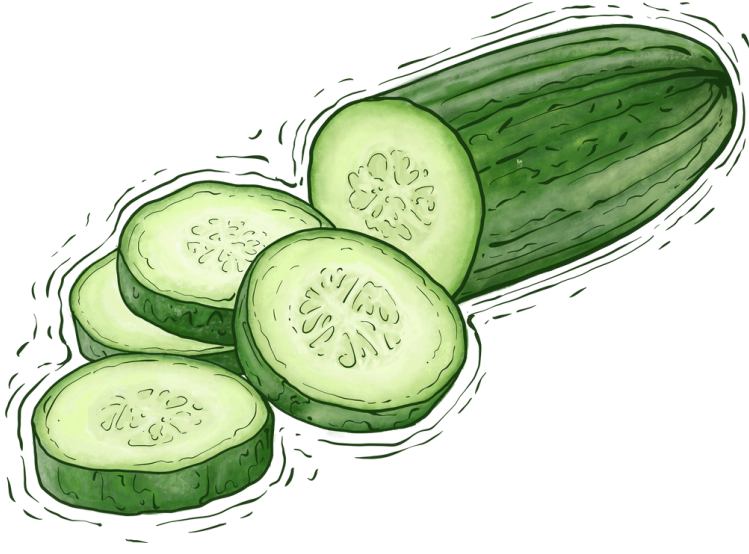


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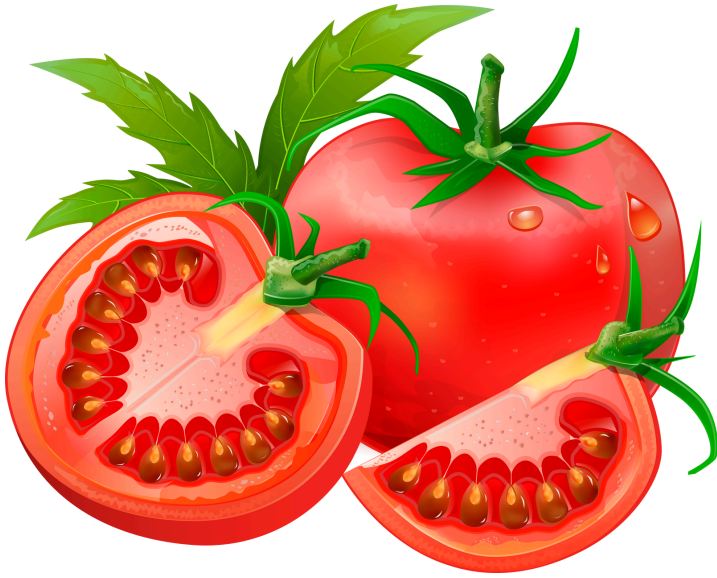








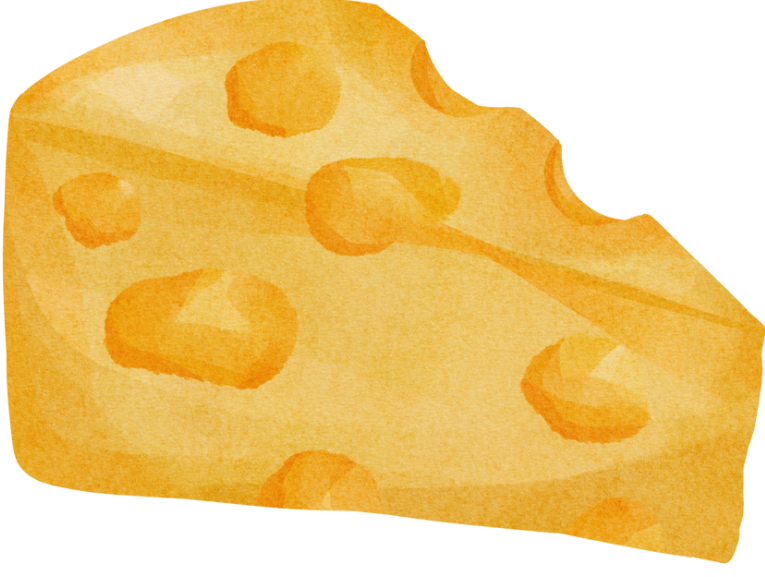
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TOMATO, TOMATO, CUCUMBER GAME

Like the game duck, duck, goose.
the swimmers are in a circle (beginner swimmers use training aid or noodle & the older more advanced can tread water).

One swimmer starts first.
they go round the outside of the group touching the swimmer on the shoulder saying, "tomato, tomato" etc until they decide to touch & say "cucumber" which is when they have to race to get back to the open spot.

Whoever is the last person to get to the spot, is then the swimmer to start again.

